

## RISK ACCEPTANCE AND MEDICAL FORM

Outdoor activity provision in the UK has an enviable safety record. However, accidents can occur and we ask that all clients complete and sign the following declaration. By signing this form you agree to the following statement:

“I understand that there are risks associated with all adventure activities due to the environment, terrain, the sport or the logistics of the day. I am also aware that accidents can occur and I accept the inherent risk involved in taking part in adventure sports and that no activity can be made 100% safe. I also accept that I have a responsibility during the activities to behave in a reasonable manner and to act in accordance with the leaders’ instructions. I will not be under the influence of drugs or alcohol during the activity.”

Instructor Name: .....  
Date of Activity: .....  
Your Name: .....  
Address: .....  
Date of Birth: .....  
Your email address: .....  
Emergency contact information: .....

Can you swim?

Do you suffer from any medical conditions, if so please explain?

.....

(Our instructors are more than happy to speak to people privately should you feel the need.)

Are you pregnant?

Any allergies?

Have you have had any serious injury in the last 5 years? If so, please explain:

.....

(For under 18's forms to be completed and signed by parent or guardian)

**“I declare that I have read and understand this risk acceptance and medical form and that the above answers are true and I have not withheld any relevant information”**

Signed: ..... Date: .....

## PRIVACY STATEMENT

We will not pass on any of your personal details onto any third parties, but we may use them to keep you informed of any RIPNROCK products and services that you might be interested in, in the future.

Please tick here if you would like to opt into receiving these.

Please tick here if you DO NOT agree to allow RIPNROCK to take photos of you/your child and use for marketing purposes on the website and social media sites such as Facebook etc.

The information on this form will be treated in confidence. It is required by law and to enable us to give appropriate medical help and support, if needed. It is important that you answer the questions fully and honestly.